



Unit 1 Further reading suggestions

The acute stress response

1. Walter Bradford Cannon (1915). *Bodily Changes in Pain, Hunger, Fear and Rage: An Account of Recent Researches into the Function of Emotional Excitement*. Appleton: Century-Crofts.
2. Cannon, Walter (1932). *Wisdom of the Body*. United States: W.W. Norton & Company.
3. Goldstein, D; Kopin, I (2007). "Evolution of Concepts of Stress". *Stress*. 10 (2): 109-20.
4. Carthy et al. (May 2010). "Emotional reactivity and cognitive regulation in anxious children". *Behaviour Research and Therapy*. 48 (5): 384-393.